

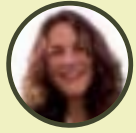


**RESCATE**  
WILDLIFE RESCUE CENTER

# WILDLIFE INTERNSHIP PROGRAM

*A unique wildlife  
experience*

To book your internship or set up a video call to learn more about our program contact



**JEANNE MARIE PITTMAN**

WhatsApp +1 86 09 67 58 67  
jeanne.marie@rescatewildlife.org



Clicker Training Ocelots

## WILDLIFE INTERNSHIP PROGRAM

### THE WILDLIFE INTERNSHIP TEAM



**NURIA FERRERO**

Wildlife Internship Manager



**RAQUEL GIL CARRASCO**

Wildlife Internship Manager

Interning with Rescate Wildlife Rescue Center is a life-changing opportunity to work with wild animals in Costa Rica and assist us with our mission to protect and restore Costa Rica's biodiversity through: wildlife rehabilitation and release, endangered species breeding and reintroduction, biodiversity preservation, and lifetime care of non-releasable animals.

### PLEASE NOTE



Rescate Wildlife Rescue Center has a strict "hands off" policy in all areas of our center. This is not only for the safety of our interns, but also prevents rehabilitating animals from becoming too tame to be released. While we completely understand the desire to be close to animals, allowing the animals at the center to be handled and petted by ever-changing interns would be unethical and detrimental to their welfare.

Follow this link and see the photos of the Rescue Center, Lifetime Care Sanctuary Release sites, and Volunteer-Housing:



<https://drive.google.com/drive/folders/1H4kldCTLydystWagblOM-38j15Hf1hi2D?usp=sharing>

## WHAT DO WILDLIFE INTERNS DO?

- ✔ Assist the caregivers in the Lifetime Care Sanctuary and Endangered Species Breeding Center with **feeding, cleaning, and maintenance.**
- ✔ Collect data for **behavioral research** in the Life-time Care Sanctuary and Endangered Species Breeding Center.
- ✔ Learn to recognize and collect wild food for baby sloths and howler monkeys in the Rehabilitation Center.
- ✔ Participate in lecture series on **wildlife care, rehabilitation, and conservation.**
- ✔ Design and implement **animal enrichment** in the Lifetime Care Sanctuary, Endangered Species Breeding Center, and Rehabilitation Center.
- ✔ Help with **clicker training** animals in the sanctuary to allow for veterinary checks.
- ✔ Students and **long-term interns, develop your own research/personal project** in the Lifetime Care Sanctuary and Endangered Species Breeding Center.



Enrichment

## NO DAY IS TYPICAL

One day you may be **collecting natural browse for the baby sloths** in the Rehabilitation Center, another day you may be **monitoring the behavior of the Scarlet Macaws** in the Endangered Species Breeding Center or **making environmental enrichment** for the coyotes in the Lifetime Care Sanctuary and another day you might be helping to **clicker train Guapo the jaguar!**

Various projects are developed throughout the year and there are often opportunities for **longer-term interns to assist at Rescate's release sites in Nicoya and Golfito.**

So, a "typical day" will be different depending on the needs of the animals. Interns staying longer periods of time have the opportunity to develop small projects during their internship period.



**NICOYA**  
Bosque  
Escondido



**GOLFITO**  
Piedras Blancas  
National Park



## ACCOMMODATION



Shared accommodation is provided in a secure 3-bedroom house with two bathrooms and a kitchen. Rescate Wildlife Rescue Center is fenced and has 24-hour security. Wifi is provided and is available 24 hours a day in the intern accommodation, restaurant, outdoor café, rehabilitation center, and at various sites throughout the Lifetime Care Sanctuary.

## EXAMPLE SCHEDULE



Again, every day is different, but here is a sample of what you might expect:

- 7:00 - 9:30** ● **Identifying and collecting** natural foods for infant sloths and monkeys and cleaning enclosures in the Rehabilitation Center.
- 9:30 - 10:00** ● BREAK
- 10:00 - 12:00** ● **Designing, building, and implementing enrichment** items for animals in the Lifetime Care Sanctuary.
- 12:00** ● LUNCH
- 13:00 - 14:00** ● **Feeding the great green macaws and Scarlet Macaws** in the Endangered Species Breeding Center.
- 14:00 - 15:00** ● **Wildlife Lecture Series**
- 16:30-17:00** ● (Optional): **Big cat clicker training** and enrichment



## MEALS



### Breakfast:

Eggs, fruit, cereal, milk, tea and coffee are provided for interns to prepare their own breakfast.

### Lunch and dinner:

Cooked meals are provided in the on-site restaurant. Interns can select from a special menu

that includes dishes such as quesadillas, veggie burger and fries, spaghetti, burritos or a typical Costa Rican dish called casado.

Special diets will gladly be accommodated on request. Food can also be purchased a la carte from the restaurant in the Lifetime Care Sanctuary. There is also an ice cream shop, a snack shop, and a small outdoor café in the sanctuary where you can sample freshly made juice pops or fantastic coffee.



# MENU

## Light Options

### Patacones / Fried Plantains

Acompañado de frijoles molidos, guacamole y pico de gallo  
Served with mashed beans, guacamole and pico de gallo

### Chips de maiz / Corn chips

Acompañado de frijoles molidos, guacamole y pico de gallo  
Served with mashed beans, guacamole and pico de gallo

### Canasta de papas / French Fries

### Dedos de pollo / Chicken fingers

Acompañado de papas fritas  
Served with french fries

## Fast Food

### Hamburguesa Vegetariana / Vegetarian Burger

Lechuga, tomate, cebolla, torta de especias, queso (opcional), acompañado de papas fritas.  
Lettuce, tomato, onion, cheese (optional) served with french fries.

### Burrito de Res, Pollo o Vegetariano / Beef, Chicken or Vegetarian Burrito

Acompañado de ensalada y papas fritas.  
Served with salad and french fries.

### Quesadilla de Pollo, Res o Vegetariana / Chicken, Beef or Vegetarian Quesadilla

Acompañadas de frijoles molidos, guacamole y pico de gallo.  
Served with mashed beans, guacamole and pico de gallo.

### HAMBURGUESA KIVU / BEEF HAMBURGUER

Servida con papas fritas / Served with french fries.

## Specialities

### Spaghetti Bolognese or Vegetarian

Servido con pan de ajo y queso parmesano.  
Served with garlic bread and parmesan.

### Fajitas de Pollo o Vegetarianas / Chicken or Vegetarian Fajitas

Acompañado de tortillas, guacamole, pico de gallo y frijoles molidos.  
Served with tortillas, guacamole, pico de gallo and mashed beans.

### PECHUGA DE POLLO A LA PLANCHA / GRILLED CHICKEN BREAST

Acompañado de vegetales salteados y puré de papa.  
Served with sauteed vegetables and mashed potatoes.

### Ensalada César / Caesar Salad

Lechuga, crotones, jugo limón, aceite oliva, parmesano y pollo (opcional)  
Lettuce, croutons, lemon juice, olive oil, parmesan and chicken (optional)

### Sopa Azteca / Azteca Soup

Crema de tomate, chips, queso y pollo (opcional)  
Tomato cream, chips, cheese and chicken (optional)

## Casado Typical Costarican Lunch

Arroz, frijoles, platano maduro, ensalada, picadillo.  
Opciones a elegir: Pollo, Pescado, Res, Queso o Vegetales.

Rice, beans, sweet plantain, salad and picadillo.  
Options to choose: Chicken, Fish, Beef, Cheese or Vegetables.





## WHAT'S INCLUDED?

- ✓ Accommodation
- ✓ Linens
- ✓ Breakfast
- ✓ Lunch
- ✓ Dinner
- ✓ Internship experience

## COSTS \$

The Wildlife Internship Program payment contributes directly to fund running the internship program and the rescue center.

1 Week	\$ 500	11 Weeks	\$ 5,025
2 Weeks	\$ 1,000	12 Weeks	\$ 5,450
3 Weeks	\$ 1,475	13 Weeks	\$ 5,875
4 Weeks	\$ 1,950	14 Weeks	\$ 6,300
5 Weeks	\$ 2,400	15 Weeks	\$ 6,725
6 Weeks	\$ 2,850	16 Weeks	\$ 7,150
7 Weeks	\$ 3,300	17 Weeks	\$ 7,550
8 Weeks	\$ 3,750	18 Weeks	\$ 7,950
9 Weeks	\$ 4,175	19 Weeks	\$ 8,350
10 Weeks	\$ 4,600	20 Weeks	\$ 8,750

## WHAT'S NOT INCLUDED?

- ✗ Transport (transport from the airport to the rescue center can be arranged for a small fee)
- ✗ Visa costs
- ✗ Health insurance and medical care
- ✗ Personal supplies

## VISAS



Citizens of most countries do not need a visa to enter Costa Rica.

Click on this link to find out what the requirements are for citizens from your country:



<http://www.costarica-embassy.org/index.php?q=node/51>



# THINGS TO DO IN COSTA RICA

*Costa Rica, one of the world's most biodiverse countries, is home to more than 500,000 species, nearly 4% of the total estimated species in the world. It is a rugged, rain-forested with extensive coastlines on both the Caribbean and Pacific.*



The capital city, San Jose, is steeped in culture and history and offers ample opportunity for sampling local cuisine. Outside the city, Costa Rica is well known for its beaches, volcanoes, and National Parks teeming with wildlife including coatis, monkeys, sloths and numerous birds, reptiles and amphibians. The National Parks encompass roughly a quarter of the country.



Rio Celeste

Swim in a pristine waterfall, brave the white-water rapids, zip-line across amazing ravines, visit an ancient volcano and take a dip in the hot springs, snorkel the reefs under dazzling blue waters or simply relax on a pristine white sand beach with an Agua de Pipa (fresh coconut water).



Cahuita National Park



Rescate Wildlife Rescue Center is located in the Central Valley and **serves as a great starting point no matter where in Costa Rica you want to explore.** Local buses stop right in front of the rescue center and for less than a dollar you can take a bus into the nearby town of Alajuela Central where there are lots of **shops** and restaurants. If you are planning a longer trip, you can take the bus from Alajuela to San Jose and from there you can travel by bus to all the

major tourist areas in the country.

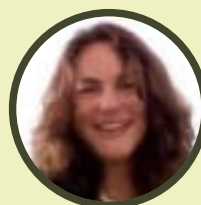
Whatever your interests, we can help you organize an amazing holiday in Costa Rica before, during or after your volunteer stay. You can contact our tour manager **Amy van Esch** [amy@rescatewildlife.org](mailto:amy@rescatewildlife.org) to arrange a day trip or a longer stay anywhere in the country. Amy is an **experienced tour agent** and can help you **get the best deals.**

## NATIONAL PARKS



Isla del Coco

- 1. Parque nacional Volcán Arenal
- 2. Parque nacional Braulio Carrillo
- 3. Parque nacional Chirripó
- 4. Parque nacional Corcovado
- 5. Parque nacional La Amistad
- 6. Parque nacional Manuel Antonio
- 7. Parque nacional Marino Las Baulas
- 8. Parque nacional Palo Verde
- 9. Parque nacional Rincón de la Veja
- 10. Parque nacional Santa Rosa
- 11. Parque nacional Volcán Irazú
- 12. Parque nacional Volcán Turrialba
- 13. Parque nacional Volcán Poás
- 14. Parque nacional Tortuguero
- 15. Parque nacional Cahuita



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PITTMAN

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WhatsApp +1 86 09 67 58 67  
[jeanne.marie@rescatewildlife.org](mailto:jeanne.marie@rescatewildlife.org)

[www.rescatewildlife.org](http://www.rescatewildlife.org)

[www.instagram.com/rescatewildlife](https://www.instagram.com/rescatewildlife)

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